

**Program Schedule**

Use this format to provide an overview of the program design. Include intake arrangements, housekeeping, safety briefings, all program activities, breaks, etc. Put logistical or activity specific information in the comments column.			
<b>Time</b>	<b>Activity</b>	<b>Staff</b>	<b>Comments (e.g. set-up, intended goal matching, adaptations)</b>
8:00 am	Staff Arrival	Rachel, Chris, Joe	Staff will meet in parking lot and walk up to gather and inspect equipment. They will set up, double checking weather .
9:00 am	Staff meet participants	Chris, Joe	Staff will meet and greet participants in the parking lot and walk with them up to the course
9:15 am	Collect outstanding forms	Chris	Missing information and forms will be collected and processed
9:20 am	Staff Introduction	Rachel, Chris, Joe	To introduce the staff.
9:30 am	Safety Briefing, Challenge by Choice, Behavioral Contract and Rules	Joe	Participants are expected to follow rules and uphold behavioral contract. Emphasis on challenge by choice and safety briefing.
9:50 – 10:15 am	Categories, Nose Jousting	Rachel, Chris, Joe	Participants are getting warmed up. Group development activity to break the ice and have fun!
10:15 – 11:15 am	Tic, Tic Toc, Wind in the Willows, Gauntlet	Joe	Intended goal matching. Students will learn to trust one another which will lead to trust within the group. Students must learn to trust one another before moving forward to other activities.
11:15 – 11:35 am	Personal needs break/ Snack Time	Rachel	Students will have a break to use the bathroom, drink water and add or remove any layers according to temperature. This is also the students intended snack time.
11:35 – 12:00 pm	Tee Pee Shuffle	Chris	Intended goal matching. Participants will learn to listen to other’s opinions in order to accomplish task. Consequences will be added depending on the group’s ability to work together. Activity sequence – before Islands because Islands presents bigger challenge.
12:00 – 1:00 pm	LUNCH		
1:00 – 2:00	Islands	Rachel, Chris, Joe	Intended goal matching. Students will learn that in order to

Rachel Nabors

pm			work well in a group, trust is important. Students will also have to listen to other’s opinions and spot one another.
2:00 - 2:45 pm	Trolleys	Rachel, Chris, Joe	Intended goal matching. Participants will learn to listen to work together and trust their fellow students.
2:45 - 3:30 pm	Multi Swing	Chris	Intended goal matching: Participants will have to trust their spotters. Meant to be fun as their final activity!
3:30 - 4:00 pm	Closure	Rachel, Chris, Joe	Participants and staff will gather to celebrate success, discuss difficulties throughout the day, think about real world application and begin to transition back to the real world.
4:00 - 4:20 pm	Staff Debrief	Rachel, Chris, Joe	Staff will discuss challenges and successes and evaluate the program.
4:20 – 5:00 pm	Equipment Management	Rachel, Chris, Joe	Staff will inspect, clean and return equipment and forms to designated locations. When this is complete, the lead facilitator will double check everything and ensure that it is okay for staff to leave. File and keys will be returned to the Outdoor Center.

**Notes**

<p>Use this box to list any additional information related to the delivery of this program like equipment, facility prep, facilitation team meetings, food, etc.</p> <p>Equipment:</p> <ul style="list-style-type: none"> <li>• Tape – Nose Jousting</li> <li>• Trolleys</li> <li>• Multi Swing equipment</li> </ul> <p>• There will be snack time to provide adequate nutrition for the participants</p>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**\*\*Signatures required before date of program (electronic signature is acceptable)**

Lead Facilitator: \_\_\_\_\_ OC Director (or designate): \_\_\_\_\_