

Rachel Nabors

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Professional Experience

Ski Instructor Schweitzer Mountain Resort December 2019 - Present	Responsible for teaching skiing fundamentals, often working with first-timers or beginners. Assesses skill level and plans activities accordingly. Manages large groups in dynamic environments.
Community & Experiential Advisor Alzar School July 2021 - December 2021	Supervised and mentored students within the residential life program. Facilitated various activities, upheld community norms and served as part of the instructor team on multi-day expeditions.
River Guide ARTA River Trips May 2019 - June 2021	Provided opportunities for guests to experience the river in a safe and meaningful way. Managed equipment, lead hikes and taught the fundamentals of rowing and reading water for rowing schools.
Farm Apprentice Mountain Cloud Farm May 2019 - November 2020	Supported with all operations on the farm seasonally over two years. Worked diligently with seeding, propagation, transplanting, harvesting and building healthy soil.
Outdoor Pursuits Intern North Idaho College May 2018 - December 2018	Assisted with all manners of operations for Outdoor Pursuits, including teaching various outdoor activities and courses, and managing equipment rentals and repairs.
Compost Intern GCSU Office of Sustainability January 2018 - May 2018	Diverted food waste from the Georgia College student cafeteria to make compost daily. This provided research opportunities for students while also decreasing environmental degradation.
Outdoor Center Staff Georgia College Outdoor Center September 2017 - May 2018	Developed challenge course and group development programs for various members within the community, including students and adults. Programs were customized based on group needs and goals.
Teaching Assistant Georgia College Practicum August 2016 - December 2016	Developed lesson plans to teach students basic outdoor living skills. Assisted in leading a 3-day overnight backpacking trip where students applied these skills.

Education

Bachelor of Science in Outdoor Education - Georgia College

Graduated August 2018

Certifications

Mental Health First Aid Training

Expires August 2024

Emergency Medical Technician

Expires March 2023

Wilderness First Responder - NOLS

Expires May 2023

CPR/First Aid - Health and Safety Institute

Expires June 2022

Swiftwater Rescue - Swiftwater Safety Institute

Expires June 2022

Alpine Level 1 Instructor - PSIA

Active Member

Avalanche Safety Level 1 - American Avalanche Association

Completed January 2020