

Rachel Nabors

1600 Airport Way
Cascade, ID 83611
rachelnabors@gmail.com
678 668 3930

Professional Experience

Community & Experiential Advisor Alzar School July 2020 - Present	Supervises students within the residential life program. Facilitates various activities, upholds community norms and serves as part of the instructor team on multi-day expeditions.
River Guide ARTA River Trips May 2019 - June 2021	Provides opportunities for guests to experience the river in a safe and meaningful way. Manages equipment, assists in leading hikes and teaching the fundamentals of rowing and reading water for rowing schools.
Ski Instructor Schweitzer Mountain Resort December 2019 - March 2021	Responsible for teaching skiing fundamentals, often working with first-timers or beginners. Assessed skill level and plans activities accordingly. Managed large groups in dynamic environments.
Farm Apprentice Mountain Cloud Farm May 2019 - November 2020	Supported with all operations on the farm seasonally over two years. Worked diligently with seeding, propagation, transplanting, harvesting and building healthy soil.
Outdoor Pursuits Intern North Idaho College May 2018 - December 2018	Assisted with all manners of operations for Outdoor Pursuits, including teaching various outdoor activities and courses, and managing equipment rentals and repairs.
Compost Intern GCSU Office of Sustainability January 2018 - May 2018	Diverted food waste from the Georgia College student cafeteria to make compost daily. This provided research opportunities for students while also decreasing environmental degradation.
Outdoor Center Staff Georgia College Outdoor Center September 2017 - May 2018	Developed challenge course and group development programs for various members within the community, including students and adults. Programs were customized based on group needs and goals.
Teaching Assistant Georgia College Practicum August 2016 - December 2016	Developed lesson plans to teach students basic outdoor living skills. Assisted in leading a 3-day overnight backpacking trip where students applied these skills.

Education

Bachelor of Science in Outdoor Education - Georgia College

Graduated August 2018

Certifications

Mental Health First Aid

Expires August, 2024

Emergency Medical Technician

Expires March, 2023

Wilderness First Responder - NOLS

Expires May, 2023

CPR/First Aid - Health and Safety Institute

Expires June, 2022

Swiftwater Rescue - Swiftwater Safety Institute

Expires June, 2022

Alpine Level 1 Instructor - PSIA

Active Member

Avalanche Safety Level 1 - American Avalanche Association

Completed January, 2020